

AQUA AEROBICS

DALBY AQUATIC CENTRE (07) 4662 2039



CREATE YOUR SUMMER BODY THIS
WINTER!



MONDAY, TUESDAY &
WEDNESDAY
5:45PM

FOR CORE STRENGTH,
FLEXIBILITY AND FITNESS

*

SLEEP BETTER

*

FEEL GREAT

*

\$7.00
PER
PERSON



KEEP
CALM
AND
DO
AEROBICS